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WHEREAS:

parks and recreation programs are an integral part of communities throughout

this country, including Pompano Beach; and

WHEREAS:

parks and recreation promote health and wellness by providing opportunities and access to indoor and/or outdoor recreation facilities which correlates to greater physical activity. People who use parks and open spaces are three times more likely to achieve recommended levels of physical activity than

non-users; and

WHEREAS:

parks and recreation promote time spent in nature, strengthening social structures by countering social isolation, and which positively impacts mental health by increasing cognitive performance and well-being by activating intrapersonal, and environmental processes; and

WHEREAS:

parks and recreation programming, events and activities, such as afterschool, summer camp, youth sports and environmental education, are critical to childhood development; and

WHEREAS:

parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS:

parks and recreation are fundamental to the well-being of our community by offering access to recreational areas such as playgrounds, swimming pools, senior and recreation centers, athletics sports fields, tennis courts, open spaces, and the public beach; and

WHEREAS:

parks and recreation have essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS:

The U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS:

the City of Pompano Beach recognizes the benefits derived from parks and recreation resources by connecting our community by providing affordable and diverse programming, social opportunities, events and exceptional parks and recreation facilities; and

NOW, THEREFORE, I, Rex Hardin, Mayor of the City of Pompano Beach, on behalf of the City Commission, do hereby extend greetings and best wishes to all observing July 2024 as "Parks and Recreation Month" in the City of Pompano Beach, Florida.

DONE this 25th day of June 2024

