



# **HOLA MUNDO BEACH CAMP & HOLA MUNDO SPORTS CAMP AT GEORGE BRUMMER CAMP**

**GENERAL GUIDELINES + COVID19 MEASURES  
FOR PARENTS & CAMPERS**

Prepared in February 2021 for Summer 2021 Camp Sessions

Prepared by Dr Jose Leon, MD and Christina Chambliss, BSN, RN



## ***NOTE TO PARENTS AND CAREGIVERS***

*A HEALTHY CAMP BEGINS AND ENDS AT HOME!*

*We care greatly about our campers. Although we will take every measure possible to ensure your camper remains healthy, there is still a risk sending your child to camp if precautions are not taken at home. The following slides include some things you can do to help your child have a great camp experience and stay healthy.*

# HOLA MUNDO CAMP GENERAL INFORMATION

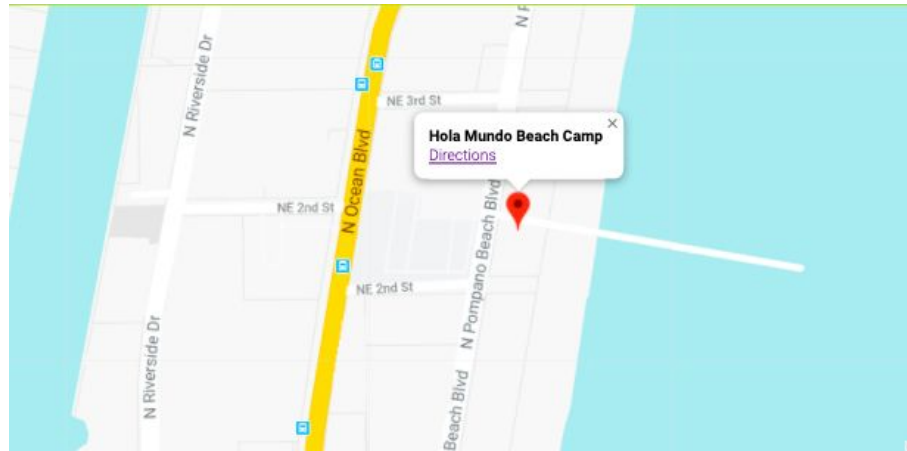


# Location

Our exact location in Pompano will be Pavilion 2.

Pavilion 2 is located North of the Pompano Beach Pier.

Next to the Beach House Pompano Restaurant (310 Pompano Beach Boulevard).





# Camp Schedule

Camp Directors, Counselors, and CITs will arrive at Camp at 8:00 am to set up group tents and organize equipment.

## DROP OFF:

CITS 8:00 am

ages 9-11 @ 8:30

ages 7-8 @ 8:40

ages 4-6 @ 8:50

## PICK UP:

CITs 2:10

ages 4-6 @ 1:45

ages 7-8 @ 1:50

ages 9-11 @ 2:00

**NOTE:** If you have more than one child attending camp the same week, you can pick up all your children at the time designated for your youngest child.



# Camp uniform

Make sure your child wears every day to camp his/her camp uniform which consist in the camp rash guard (free with registration), bathing suit and flip-flops or sandals. All campers and CITs must pack their Camp t-shirts so they can change into dry clothes after swimming.

Due to our fun filled and busy schedule, your child will not have time to change into dry clothes at pick up. Your child will be wearing his/her dry camp t-shirt with shorts. Camp t-shirts are for sale for \$15. You may order your shirts online, and we will have them for your child the first day at camp.



# Special Nutritional Requirements for your child



Should your child need a particular nutrition plan because of allergies, intolerances or a diagnosis, note these on the Health History form but also contact the camp to make sure (a) they have noted that need and (b) the camp can address it.

## LUNCH:

**DUE TO COVID-19** Hola Mundo Camp will **NOT** offer lunch to the campers. Campers can bring their own lunch and snacks.



# Protection Against the Sun

Remember to send sunscreen appropriate to the camp's geographic location and that your child has tried at home. Teach your child how to apply his/her sunscreen and how often to do so.







# Staying Hydrated

Water fountains are available at the beach, but campers **\*must\*** bring their own sports water jug each day!

Campers may **NOT** be dropped off if he/she does not have a water jug.

Please remember that when packing for Hola Mundo Beach Camp, please bring only the essentials - travel light. Be sure to mark all items with the camper's name, as the camp is not responsible for lost or stolen items.



# Hand Sanitizer



It is MANDATORY that each Counselor, Volunteer, CIT and Camper must bring a personal bottle of hand sanitizer.

We will have breaks during the day to apply hand sanitizer.

Hand sanitizer should be used: 1. At drop off; 2. At the beginning of each activity; 3. At the end of each activity; 4. Before and after lunch; 5. Before and after campers use the playground; 6. After washing their hands in the bathroom; and 7. At dismissal before getting in their car.

Counselors and CITs will be responsible to enforce this process. Claire Tight, Mrs. Chambliss and Mr. Goldberg will monitor that this process is followed.





# CHECKLIST: What to bring to camp everyday

- Backpack (to carry personal belongings to Camp)
- Sunscreen
- Personal Hand sanitizer (MANDATORY)
- Clorox wipes
- Clothes suitable for beach wear (shorts, camp shirt and camp rash guard, bathing suit under clothes)
- Shoes: Please, please flip flops, or slip on sandals for the beach NO SNEAKERS (remember that we walk to the beach everyday)
- Towel
- Hat or visor
- Sports Water jug (label with your name!)
- Goggles
- Socks (in case sand is hot to play sports or games)
- Snack or money for Snack (optional)
- Thursday: bring a white t-shirt or a white clothing item for Tie Dye.
- Banana Boat waiver and \$25 for Banana Boat ride (OPTIONAL) on Friday

# COVID 19 MEASURES



# Community Mitigation

According to the CDC, “community mitigation activities are actions that people and communities can take to slow the spread of infectious diseases. Community mitigation is especially important before a vaccine or drug becomes widely available.”

The CDC suggests that any mitigation strategies include:

- Personal protective measures (e.g., handwashing, cough etiquette, and face coverings) that persons can use at home or while in community settings.
- Social distancing (e.g., maintaining physical distance between persons in community settings)
- Environmental surface cleaning at home and in community settings, such as camps.



# Hola Mundo will remind Counselors, CITs and campers

Camp administrators will display signs throughout the camp to frequently remind campers to take steps to prevent the spread of COVID-19. We will also inform caregivers of all the COVID-19 guidelines and how Hola Mundo is responding to the pandemic. These messages may include information about:

- Staying home if you are sick or do not feel well, and what to do if you're sick or feel ill.
- Using social distancing and maintaining at least six feet between individuals in all areas of the park.
- Covering coughs and sneezes with a tissue, then throwing the tissue in the trash.
- Washing hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
- Using hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoiding touching eyes, nose, and mouth with unwashed hands.



# When Hola Mundo Beach Camp opens...

Our program will address these additional considerations:

- Implement social distancing strategies in all activities
- Intensify cleaning and disinfection strategies in all common areas ( pavilion tables, playground, sports equipment)
- Modify drop off and pick up procedures. It will be mandatory that parents must remain in their car
- Implement screening procedures upon arrival while in the car
- Maintain an adequate ratio of staff to children to ensure safety. 1:5 for ages 4-6; 1:6 for ages 7-8 1:10 for ages 9-11; and 1:12 for CITs ages 12-13
- We will plan ahead and recruit other counselors to ensure we have a roster of substitute caregivers who can fill in if staff members are sick or stay home to care for sick family members.
- When feasible, staff members and older children CITs should wear face coverings within the facility.
- Campers, CITs and counselors must bring to camp every day personal hand sanitizers, and clorox wipes



# Public restrooms, playground and pavilion at the beach

Our Staff will make sure that any facilities used by campers are:

- Operational with functional toilets.
- Cleaned and disinfected regularly, particularly high-touch surfaces such as faucets, toilets, doorknobs, and light switches. Clean and disinfect restrooms daily or more often if possible. The EPA-registered household disinfectants are recommended. Ensure safe and correct application of disinfectants and keep products away from camper.
- Regularly stocked with supplies for handwashing, including soap and materials for drying hands or hand sanitizer with at least 60% alcohol.
- Counselors must spray disinfecting spray:
  1. Throughout the playground
  2. Pavilion table before and after any use for arts and craft, lunch or other activities



# Avoid Handshakes and High-Fives

Handshakes and “high-fives” are often exchanged at meetings and sporting events, and these can be ways in which COVID-19 can be transmitted from person to person. As a way of decreasing the social pressure to engage in these common behaviors, we will display signs that discourage these actions during the gathering.





# Hola Mundo's Social Distancing Strategies

Hola Mundo has been working with the city of Pompano Beach and local health professionals, including pediatricians to determine a set of strategies appropriate for Hola Mundo's situation. We will continue using preparedness strategies and consider the following social distancing strategies:

Camper groups will be the same each day, and the same counselors will remain with the same group each day.

We will limit to only having around 10-12 campers per group.

We will consider whether to alter or halt daily group activities that may promote transmission.

- i. Limit the mixing of children, such as staggering playground times and keeping groups separate for special activities such as art, music, and sports.
- ii. At lunch time, we will ensure that children's towels are spaced out as much as possible, ideally 6 feet apart.

# Drop off and pick up CDC's recommendations



- Hand hygiene stations will be set up at the entrance, so that children can clean their hands before they enter.
- We will consider staggering arrival and drop off times and plan to limit direct contact with parents as much as possible.
- Have child care providers stay in their car during pick up and drop off.
- Ideally, the same parent or designated person should drop off and pick up the child every day.
- If possible, older people such as grandparents or those with serious underlying medical conditions should not pick up children, because they are more at risk for severe illness.
- We will stagger arrival and drop off times and/or have child care providers stay in their cars when picking up the children as they arrive.
- Our plan for curbside drop off and pick up should limit direct contact between parents and staff members and adhere to social distancing recommendations.



# Drop Off/ Pick Up Guidelines

**Drop-off:** You have the option of using the drop-off procedure where counselors will help your child/children from your car and then escort them safely to their group. Due to CDC Guidelines PARENTS MAY NOT GET OUT OF THE CAR.

Morning drop-off begins at 8:30 am, and stops promptly at 9:00 am.

**Pick-up:** 2:00 pm for afternoon pick-up please line up cars in single file. PARENTS MAY NOT GET OUT OF YOUR CAR! Counselors will go to your car, and then locate your children at their group's meeting point. To ensure everyone's safety, please obey the counselors directing traffic ~ they will let the other counselors know when it is safe to take the children to their cars.



# Camper Screening upon Arrival

Campers who have a fever of 100.40 (38.00C) or above or other signs of illness are to stay home and refrain from attending camp.

We will encourage parents to be on the alert for signs of illness in their children and to keep them home when they are sick.

We will screen children upon arrival.

- Upon their arrival, our Head of Health Services (trained to perform health screens) will take your child's temperature
- She will ask the parent/guardian to confirm that the child does not have fever, shortness of breath or cough.
- She will make a visual inspection of the child for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness.





# Hola Mundo will remind everyone to hand wash often.

We will remind your child to sneeze/cough in his/her sleeve and to wash his/her hands often while at camp, especially before eating and after toileting. If you really want to achieve impact, teach your child to accompany hand washing with another behavior: Keeping their hands away from their face.



# Counselors and CITs wearing protective gear

All counselors and CITs will wear disposable gloves in the following scenarios:

1. At drop off. Opening the cars and getting the campers to their group
2. When assisting with lunch
3. At Drop off
4. Pick up





# In case of Illness

PARENTS: If your child is showing signs of illness such as running a temperature, throwing up, has diarrhea, nasal drainage and/or coughing/sneezing, keep the child home and contact your camp director. Your child WILL be sent home if he presents symptoms of a cold. This greatly reduces the spread of illness at camp but also supports your child's recovery. Know your camp's policy about illness and camp attendance.

## EXCUSE FROM ACTIVITIES

We encourage your child to participate in every activity. A written note from the parent is required if the child is to be excused from participation.





# Communicate with Counselors

Talk with your child about telling their counselor, the nurse or camp director about problems or things that are troublesome to them at camp. These trained counselors can be quite helpful as children learn to handle being at camp for the day. These helpers can't be helpful if they don't know about the problem – so talk to them.

**You may communicate at all times via group text with your Leaders of your group (wearing yellow t-shirts). She/He will introduce on Sunday afternoon. You may also reach our Director Adriana Chambliss at 754-235-0995.**





¡Gracias! Thank you!

You may contact our Camp Director Adriana Chambliss at 754-235-0995 if you have any questions or concerns