



# HOLA MUNDO BEACH CAMP HEALTH UPDATE DURING COVID-19

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## ***NOTE TO PARENTS AND CAREGIVERS***

*A HEALTHY CAMP BEGINS AND ENDS AT HOME!*

*We care greatly about our campers. Although we will take every measure possible to ensure your camper remains healthy, there is still a risk sending your child to camp if precautions are not taken at home. The following slides include some things you can do to help your child have a great camp experience and stay healthy.*



# Community Mitigation

According to the CDC, “community mitigation activities are actions that people and communities can take to slow the spread of infectious diseases. Community mitigation is especially important before a vaccine or drug becomes widely available.”

The CDC suggests that any mitigation strategies include:

- Personal protective measures (e.g., handwashing, cough etiquette, and face coverings) that persons can use at home or while in community settings
- Social distancing (e.g., maintaining physical distance between persons in community settings)
- Environmental surface cleaning at home and in community settings, such as camps.



# Camp Administrators

Camp administrators will display signs throughout the camp to frequently remind campers to take steps to prevent the spread of COVID-19. We will also inform caregivers of all the COVID-19 guidelines and how Hola Mundo is responding to the pandemic. These messages may include information about:

- Staying home if you are sick or do not feel well, and what to do if you're sick or feel ill.
- Using social distancing and maintaining at least six feet between individuals in all areas of the park.
- Covering coughs and sneezes with a tissue, then throwing the tissue in the trash.
- Washing hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
- Using hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoiding touching eyes, nose, and mouth with unwashed hands.



# When Hola Mundo Beach Camp opens...

Our program will address these additional considerations:

- Implement social distancing strategies in all activities
- Intensify cleaning and disinfection strategies in all common areas ( pavilion tables, playground, sports equipment)
- Modify drop off and pick up procedures. It will be mandatory that parents must remain in their car
- Implement screening procedures upon arrival while in the car
- Maintain an adequate ratio of staff to children to ensure safety. 1:5 for ages 4-6; 1:6 for ages 7-8 1:10 for ages 9-11; and 1:12 for CITs ages 12-13
  - We will plan ahead and recruit other counselors to ensure we have a roster of substitute caregivers who can fill in if staff members are sick or stay home to care for sick family members.
- When feasible, staff members and older children CITs should wear face coverings within the facility.
- Campers, CITs and counselors must bring to camp every day personal hand sanitizers, and clorox wipes



Schedule campers, CITs, counselors to hand wash during the day  
Mandatory at drop off, before and after an activity, before and after lunch, and at pick up



# Restrooms



Make sure the restrooms at the beach are:

- Operational with functional toilets.
- Cleaned and disinfected regularly, particularly high-touch surfaces such as faucets, toilets, doorknobs, and light switches. Clean and disinfect restrooms daily or more often if possible. The EPA-registered household disinfectants are recommended. Ensure safe and correct application of disinfectants and keep products away from camper.
- Regularly stocked with supplies for handwashing, including soap and materials for drying hands or hand sanitizer with at least 60% alcohol.



# Promote the daily practice of everyday preventive actions.

We will use health messages and materials developed by credible public health courses such as CDC to encourage our event staff and participants to practice good personal health habits.

These include:

- Stay home when campers or staff are sick.
- Cover your coughs and sneezes with a tissue, then throw the tissue in the trash.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean frequently touched objects after use.
- Encourage visitors and campers to be prepared to bring their own hand sanitizer with at least 60% alcohol for use in these facilities.



# Avoid Handshakes and High-Fives

Handshakes and “high-fives” are often exchanged at meetings and sporting events, and these can be ways in which COVID-19 can be transmitted from person to person. As a way of decreasing the social pressure to engage in these common behaviors, we will display signs that discourage these actions during the gathering.





# Social Distancing Strategies

- We hope to work with the city of Pompano Beach and local health officials to determine a set of strategies appropriate for Hola Mundo's situation. We will continue using preparedness strategies and consider the following social distancing strategies:
  - Camper groups will be the same each day, and the same counselors will remain with the same group each day. We will limit to only having around 10-12 campers per group.
  - We will consider whether to alter or halt daily group activities that may promote transmission.
    - i. Limit the mixing of children, such as staggering playground times and keeping groups separate for special activities such as art, music, and sports.
    - ii. At lunch time, we will ensure that children's towels are spaced out as much as possible, ideally 6 feet apart.



# Camper Pick Ups/Drop Offs

- Hand hygiene stations will be set up at the entrance, so that children can clean their hands before they enter. We will consider staggering arrival and drop off times and plan to limit direct contact with parents as much as possible.
- Have child care providers stay in their car during pick up and drop off.
- Ideally, the same parent or designated person should drop off and pick up the child every day. If possible, older people such as grandparents or those with serious underlying medical conditions should not pick up children, because they are more at risk for severe illness.
- We will stagger arrival and drop off times and/or have child care providers stay in their cars when picking up the children as they arrive. Our plan for curbside drop off and pick up should limit direct contact between parents and staff members and adhere to social distancing recommendations.



# Camper Screening Upon Arrival

Campers who have a fever of 100.40 (38.00C) or above or other signs of illness are to stay home and refrain from attending camp. We will encourage parents to be on the alert for signs of illness in their children and to keep them home when they are sick. We will screen children upon arrival.

There are several methods we can use to protect our staff while conducting temperature screenings. The most protective methods incorporate social distancing (maintaining a distance of 6 feet from others) or physical barriers to eliminate or minimize exposures due to close contact to a child who has symptoms during screening.





# Camper Screening Method Option #1

- Ask parents/guardians to take their child's temperature either before coming to the facility or upon arrival at the facility. Upon their arrival, stand at least 6 feet away from the parent/guardian and child.
- Ask the parent/guardian to confirm that the child does not have fever, shortness of breath or cough.
- Make a visual inspection of the child for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness.



# Camper Screening Method Option #2

- The staff member will stand behind a physical barrier, such as a glass or plastic window or partition that can serve to protect the staff member's face and mucous membranes from respiratory droplets that may be produced if the child being screened sneezes, coughs, or talks. If a physical barrier is not feasible, the staff member will wear a face covering or mask while taking the child's temperature.
- Conduct temperature screening (follow steps below)
  - Perform hand hygiene
  - Wash hands with soap and water for 20 seconds. If soap and water are not available, use a hand sanitizer with at least 60% alcohol.
- Put on disposable gloves.
- Check the child's temperature, reaching around the partition or through the window.
- Make sure staff member's face stays behind the barrier at all times during the screening.
- Because we are performing a temperature check on multiple individuals, we will ensure that we use a clean pair of gloves for each child and that the thermometer has been thoroughly cleaned in between each check.
- If we use disposable or non-contact (temporal) thermometers and you did not have physical contact with the child, you do not need to change gloves before the next check.
- If we use non-contact thermometers, clean them with an alcohol wipe between campers.



# THANK YOU!

Want to learn more? You can reach the Adriana Chambliss (Camp Director) 754-235-0995. It is important to build a partnership between child care providers and the child's camp leadership team. It's one way to help your child have the best camp experience possible!